First Announcement

AOSpine Principles Symposium—Trauma and Degenerative

13-14 October 2016

Tallinn, Estonia
Welcome to Tallinn

Dear colleagues,

We take great pleasure in welcoming you to our AOSpine Principles Symposium—Trauma and Degenerative Spine in Tallinn this October.

During this course we will present to you the principles of and the best evidence-based information available on spinal trauma, degenerative problems and discuss crucial topics together.

We would like to remind you that the success of the course depends not only on the faculty but also on you, the participant. We hope that each one of you will take an active part in the lectures and discussions, ask questions, raise controversies and help the program be more interactive.

Welcome to Tallinn in Estonia.

Sincerely,

Rasmus Allikvee
Chairperson
Tallinn, Estonia

Teija Lund
Educational Advisor,
Helsinki, Finland
**Description of the Event**

This educational event addresses the basics of thoracolumbar anatomy and pathology from different points of view. The symposium will consist of lectures and numerous case discussions where real case scenarios will be presented. Each session will be led by an expert in the field, and will offer the opportunity for discussion.

**Target Participants**

Designed for neurosurgeons and orthopedic surgeons, residents and other specialists who have a strong interest in the spine, with up to three years' experience in spine surgery.

**Event Objectives**

After the course, participants should be able to:
- Assess the multiply injured patient and identify spinal trauma
- Select and interpret appropriate imaging
- Classify injury and assess stability
- Evaluate surgical and non-surgical treatment options and make the best decision
- Plan and collaborate for rehabilitation
- Use appropriate diagnostic tools for degenerative spine diseases
- Apply evidence-based decision-making when recommending operative and non-operative interventions for degenerative spine diseases

**Faculty**

- Kalvis Briuks  
  Riga, Latvia
- Artis Gulbis  
  Riga, Latvia
- Marko Neva  
  Tampere, Finland
- Rolf Riise  
  Oslo, Norway
- Gunaras Terbetas  
  Vilnius, Lithuania
- Taavi Toomela  
  Tallinn, Estonia
- Tanel Vahopski  
  Tallinn, Estonia
Program Overview

Thursday, 13 October 2016
8.30 - 16.15 h

Basic anatomy and biomechanics of the spine
Classification of thoracolumbar trauma
Thoracolumbar trauma and solutions
Spinal stenosis
Disc herniation and cauda-equina syndrome
Low back pain/degenerative disc disease and differential diagnosis
Case presentations and discussion

Friday, 14 October 2016
9.00 - 12.40 h

Fractures in the elderly
Isthmic spondylolisthesis
Spondylodiscitis
Case presentations and discussion
Information and Registration

Online: http://TALLINN1610.aospine.org

Course fee
AOSpine members Euro 144
AOSpine non-members Euro 160

Included in course fee
Certificate, lunch & coffee breaks, course dinner

CME Accreditation and Compliance
An application has been made to the UEMS-EACCME® for CME accreditation of this event.
An application has been made to Eucomed for compliance approval of this event.

Venue
Original Sokos Hotel Viru Phone: +372 6 809 300
Viru Väljak 4
10111 Tallinn, Estonia